

Discipline

*Training into submission

God's discipline - Heb 12:4-13 - 4 In your struggle against sin, you have not yet resisted to the point of shedding your blood. 5 And you have forgotten that word of encouragement that addresses you as sons: "My son, **do not MAKE LIGHT of the Lord's discipline, and do not lose heart when he rebukes you,** 6 because the Lord disciplines those he loves, and he punishes everyone he accepts as a son." 7 Endure hardship as discipline; God is treating you as sons. For what son is not disciplined by his father? 8 If you are not disciplined (and everyone undergoes discipline), then you are illegitimate children and not true sons. 9 Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of our spirits and live! 10 Our fathers disciplined us for a little while **as they thought best;** but **God disciplines us FOR OUR GOOD, that we may share in his holiness.** 11 **NO DISCIPLINE SEEMS PLEASANT AT THE TIME, BUT PAINFUL. LATER ON, HOWEVER, IT PRODUCES A HARVEST OF RIGHTEOUSNESS AND PEACE for those who have been trained by it.** 12 Therefore, strengthen your feeble arms and weak knees. 13 "Make level paths for your feet," so that the lame may not be disabled, but rather healed. (Job 5:17, Rev 3:19-20, Prov 3:11)

Only fools hate discipline - Prov 1:7 The fear of the Lord is the beginning of knowledge, but fools despise wisdom and discipline.

Those that are wicked are doomed from lacking discipline - Prov 5:22-23 - 22 The evil deeds of a **wicked man** ensnare him; the cords of his sin hold him fast. 23 **He will die** for lack of discipline, led astray **by his own great folly.**

Punishment is for those that go astray - Prov 15:10 **Stern discipline** awaits him who leaves the path; he who hates correction will die.

Know the true value of God's discipline –

Prov 8:10 Choose my instruction instead of silver, knowledge rather than choice gold,

Prov 19:20 Listen to advice and accept instruction, and **in the end you will be wise.**

Cherishing discipline vs despising discipline

Prov 10:17 He who heeds discipline shows the way to life, but whoever ignores correction leads others astray.

Prov 12:1 - Whoever loves discipline loves knowledge, but he who hates correction is stupid.

The Bible is the perfect guide of discipline - 2 Tim 3:16-17 - 16 **All Scripture is God-breathed** and is useful for teaching, rebuking, correcting and training in righteousness, 17 **SO THAT the man of God may be thoroughly equipped for every good work.**

The most important part of raising a child is discipline

- **Correct training of a child produces great results** - Prov 22:6 - **Train a child in the way he should go,** and when he is old he will not turn from it.
- **All children are born evil** - Prov 22:15 - **Folly is** bound up in the heart of a child, but the rod of discipline will drive it far from him.
- **Raise them to save their life** - Prov 23:13-14 - 13 Do not withhold discipline from a child; if you punish him with the rod, he will not die. 14 Punish him with the rod and save his soul from death.
- **Without discipline your child's death will be partly your fault** - Prov 19:18 **Discipline your son,** for in that there is hope; do not be a willing party to his death.
- **Train them God's way not your way** - Eph 6:4 Fathers, **do not exasperate your children;** instead, bring them up in the training and instruction of the Lord.
- **Discipline produces wisdom** - Prov 29:15 The rod of correction imparts wisdom, but a child left to himself disgraces his mother.
- **Withholding discipline is withholding love** - Prov 13:24 He who s pares the rod hates his son, but he who loves him is careful to discipline him.

The training process between mature and immature Christians laid out - Titus 2:1-8 - You must teach what is in accord with **SOUND DOCTRINE.** 2 **Teach the older men to be** temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance. 3 Likewise, **teach the older women to be** reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. 4 **THEN** they can **train the younger women** to love their husbands and children, 5 to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, **SO THAT NO ONE WILL MALIGN THE WORD OF GOD.** 6 Similarly, **ENCOURAGE** the **young men to be self-controlled.** 7 **In everything set** them an example by doing what is good. In your teaching show integrity, seriousness 8 and soundness of speech THAT CANNOT BE CONDEMNED, so that those who oppose you may be ashamed because they have nothing bad to say about us.

Self-control is protection from self - Prov 25:28 Like a city whose walls are broken down is **a man who lacks self-control.**

The only way to discipline self is to always BE Spiritual - Gal 5:22-23 - 22 But the **fruit of the Spirit** is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.

We must live our lives of Spiritually self-discipline - 1 Cor 9:24-27 - 24 Do you not know that in a race all the runners run, but only one gets the prize? **Run in such a way as to get the prize**. 25 Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. 26 Therefore I **do not run like a man running aimlessly**; I do not fight like a man beating the air. 27 No, **I beat my body and make it my slave** so that after I have preached to others, I myself will not be disqualified for the prize.

- **Extreme Training**
- **Live with purpose**
- **You must control you!**

Spiritual self-discipline has eternal benefits - 1 Tim 4:7-8 - 7 Have nothing to do with godless myths and old wives' tales; rather, **train** yourself to be godly. 8 For physical training is of some value, but **godliness has value for all things**, holding **PROMISE FOR BOTH THE PRESENT LIFE AND THE LIFE TO COME**.